

Energy Reading For 2021

What the next year has in store for us

Well, to be honest, you probably don't have to be a grand clairvoyant to make a guess about what could be happening next. The world has been shifting during the last year and we are nowhere near to an end. To most of us, this will not come as a surprise.

But: I can also see relief coming, even though we still have a road to walk until we get there. So I tuned into the energy of the year ahead to see what it is that we can expect.

Before we dive in, I gotta make one thing totally clear, though: I am not forecasting the future. I could never do that as it is up to all of us to create our future. But I do think that there is a certain energy field that works like a fertile soil for our development. It is like a quest that we can embark on. Let me put it like that: Right now is the perfect time to work on the 2021 quest. Life will push you in that direction. But it is still totally up to you whether you want to commit to that quest - or keep doing what ever you are doing. Your free will is always your highest authority. Eventually, the decision is up to you.

I think it all becomes more clear once I give you an example:

I am gonna give you a quick review of my feeling for 2020. This crazy, crazy year that is slowly coming to an end.

And I'll be honest with you: I didn't see THAT coming! Not this virus. Oh no. I could never have guessed that. Or maybe, I could have, - I mean, you would never want to limit possibilities, right - but I certainly didn't.

I do remember very well though what I DID see coming.

Let's travel back to December 2019.

I've had made it a tradition to spend some time with my kids at the baltic sea each and every December. It is beautiful there during the winter months! Not a lot of people around, you can take nice walks, smell the salty air and then go somewhere inside to enjoy the most delicious hot chocolate.

I always use that time there to think about my next year and make some plans. I have a very special way of planning, you can stay tuned on that one, by the way, because I am about to create the circle planner and will do my very best to release it as soon as possible. It is like nothing you will find somewhere else, I can already tell you that much.

But back to the topic. So, I was there at the baltic sea with a dear friend of mine and I said to her: „You know what I think? I think next year will be all about authenticity. People will have to show their true faces. It will reveal what is underneath the surface and it will force us to stand up for ourselves 100 %. Like never before, we will be forced to live with full integrity. And more then ever, we will have to take our destiny into our own hands.“

Oh boy, how right I was!

I know, on the outside, Covid-19 let a lot of us feel OUT of control. But if you take a deeper look, what you will realize is this: What the virus really did was throwing all of us back to our own selves. There we were then, sitting at home, worrying about the „So, what now?“.

And people did show their faces.

And it was revealed what was going on underneath the surface.

I know that Corona brought up a lot of bad stuff. It did show how fragile life can be. But what I keep thinking is this: It is not that Corona MADE this. Most of it was already there and is just showing now, because there was no way of hiding anymore. And yes, I do think that this is a good thing, because right now, we have a fair chance of dealing with it - and solving it.

And it also showed how much love there is. How much kindness and creativity and humor. And hope.

There is so much hope! I know that there is a journey ahead of us. What we are experiencing right now, this is nothing that can be done within the blink of an eye. But I do truly believe in my heart that we are ready for this journey and that we will embark on it and that we will be fine! We can totally do it and we will be fine.

And this leads us to what I am thinking is imprinted in the energy field of 2021.

Winter

First of all: It is not over yet. Time will be rough for a little while longer, I am sorry I gotta say this, but I just think that this is true.

I do not say that to discourage you, though. In fact, I hope I can do the exact opposite, because I truly believe that we can make this a good-rough! We can open our eyes to what is going wrong. We can open up to that, see it with clear eyes and then do whatever we need to do to take care of it. And make changes for the better.

In order to do so, the most important thing we have to do is to keep going.

I do know that there is a sense of "Let's take it really slowly right now, rest a lot and kind of take it easy." in the air. And while I think that self-care is very, very important at the moment - and I will get to that in a minute - I don't think that taking it easy is the best thing we can do right now. This is unless you are dealing with any kind of health issues, of course. Then, basically all you should do is rest.

But for the rest of us, I think we have to keep going. The time to rest and take a loooooong breath out (God, it will be such a relief!), that time will come, but it is not here just yet. For now, we have to keep going. We have to work ourselves through it. Not in a fighty way, rather in a firm, but calm way and definitely without hardening. In a way that says: „We have come so far already. We have started the change. Now, let's not stop here. Let us keep pushing forward, no matter what.“

You

As you may have guessed by now: times will not be easy. That is why I truly believe that self-care has never been more important. But self-care doesn't necessarily mean you take it easy on you. I feel it means that you find the courage to be yourself 100 percent - and to keep working on it and for it. Face your inner fears. Speak up when you think something is not right. Keep asking yourself: „Is that really me? Is that how I want to live my life? Is my life aligned with my values and my dreams?“ If not, adjust. Remember: It is a journey. No need to be perfect.

I also feel that it is time to leave all shame and all blame behind you, behind us, for that matter. Blaming someone else — or yourself — does not take you a millimeter forward. Mistakes have been made. BIG mistakes have been made. More mistakes will be made. It is just gonna be like that. Observe them, acknowledge them, live through the consequences and then move on. Do things differently next time, without letting blame or shame holding you back.

Also, there is no need to define yourself by looking at other people or the way they have been treating you. Self-care on a very deep level means to allow yourself to do, be or have whatever you want. ESPECIALLY if other people think you are not worth of doing, being or having it. Treat your own self better than that. No-one in the world could take better care of you than yourself.

Always remember this: you are a child of God and because of this alone, you deserve the world. Fill up your cup. Allow yourself to be so full, you really want to give from the bottom of your heart. Because you've got so much, there is simply no need to keep it all for yourself. Give freely.

If we want to make the changes that are necessary right now, we have to move beyond an „alright then, I'll do this because I guess I kinda have to“-attitude. We have to do it from a deeply heartfelt attitude, that expresses: I WANT to help, because I am so full myself, I do not lose when I am offering. I win.



I feel that self-care on the highest level is the safest way to get through the challenging times that are ahead of us. But as I mentioned before: it has to be true self-caring that goes to the very core of your needs. And at the core of your needs there is no egoism. You don't need to take from anyone else to provide for yourself. You can CREATE whatever you need. Trust, believe, receive.

Because we need ourselves to be in the best state of mind, body and soul that is possible.

Finally, a special word to you if COVID-19 actually has been a blessing to you in many ways. I know there are women for whom 2020 had been the best year in business ever. The Lockdown brought them exactly the break they needed in order to find the space to connect with their soul and it allowed them to spend the so-much-wanted-and-needed-time with their family. If that is you: Don't ever be ashamed of it! Use the strength that you have found to support the ones who need it so much right now.

You are the one who can bring hope and light and words of comfort to the people who need it the most. Use your blessings and your energy to lend a helping hand, an open ear or a word of comfort whenever you can.

Spring

I am going to say that one more time, because it feels so important, and then we will move on: For now, just keep going. Don't stop here. Don't rest yet (reminder: unless you're experiencing any kind of health issues, then: REST, REST, REST!

For the rest of us, we keep going. Take self-care as serious as you can and don't let any mistake or any injustice that is bubbling up stop you from going into the right direction. Observe it, take it, own it, change it. No blame, no shame. Only improvement.

Because one thing that I do know for sure is that: After winter, there will be spring.

And I feel that for next year, big time. SPRING. WILL. COME.

We will get through it.

And then we will have the honest, open chance to build something entirely new.

Yes, a lot will be shattered and that comes with some pain. Changes always come with pain, even the ones that are good and necessary. It's o.k. We have to let go of something that we were used to. But changes also come with a whole new world of possibilities and a big chance to build something new.

And this work, it will be a lot of fun, I am very sure about that. It will be a relief on all levels and it will also give us the chance to heal on a very deep level as healing will be so necessary.

I know that it sounds so big, but I do believe there is a chance for us to enter into a Golden Age.

It will not happen TO us, though. We will have to get actively involved in the process in order to make it happen. And I do know in my heart that we have got everything we need to make the change happen.

We will look at the world in new wonder.

So please, beloved soul, wherever you are right now: just, keep going a little while longer, although it might be hard sometimes to see the end of the tunnel. It is there. It will be there. And it will be worth the work.

Do whatever you can to connect to your soul and follow your intuition, even if it doesn't seem to make sense at times. Move beyond fear and into the field of possible. What is possible?

Whenever you have to make a decision, ask yourself: What helps me to grow? Which path will help to improve life?

Learn to check in with yourself. Deep down, you always know the answer.



Juliane is spiritual life coach and intuitive energy reader. It is her highest goal to look out for chances to grow. That is why her work always focuses on the field of possibilities.



What can be done?

Let's do it and make that world a better place.

For more info and if you want to get a personal reading that focuses on your energy alone, check out her website @ www.julianescheel.com.